



ČESKÁ ASOCIACE LINE DANCE
CZECH LINE DANCE ASSOCIATION

First Day of My Life

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Type of dance: 48 Counts, 2 Walls, Line Dance Smooth Nightclub

Level: High Improver

Music: „First Day of My Life“ by Melanie C

Intro: 16 Counts

Tag: In the 2th, 4th and 5th Wall

Counts	Footwork	End facing
1 – 8	Lunge, Full Turn L, Sweep, La Serpiente, ¼ Turn R, Step Fwd (2x)	
1 – 2&	Step R to R side (1), Turn ¼ L stepping L forward (2), Turn ½ L stepping R back (&)	12:00
3 – 4&	Turn ¼ L stepping L to L side sweeping R forward (3), Cross R over L (4), step L to L side (&)	12:00
5 – 6&	Cross R behind L sweeping R back (5), Cross L behind R (6), Step R to R side (&)	12:00
7 – 8	Turn ¼ R stepping L forward (7), Step R forward (8)	3:00
9 – 16	¼ Turn R, Basic L, Basic R, ¼ Turn L, Step Fwd, 1¼ Turn L, Basic R	
1 – 2&	Turn ¼ R stepping L to L side (1), Step R behind L (2), Cross L over R (&)	6:00
3 – 4&	Step R to R side (3), Step L behind R (4), Cross R over L (&)	6:00
5 – 6&	Turn ¼ L stepping L forward (5), Turn ½ L stepping R back (6), Turn ½ L stepping L forward (&)	3:00
7 – 8&	Turn ¼ L stepping R to R side (7), Step L behind R (8), Cross R over L (&)	12:00
17 – 25	¼ Turn L, Step Fwd (3x), ¼ Turn L, Sway (2x), ⅛ Turn R, Step & Sweep (3x), Mambo Step	
1 – 2&	Turn ¼ L stepping L forward (1), Step R forward (2), Step L forward (&)	9:00
3 – 4	Turn ¼ L stepping R to R side & Sway to R side (3), Sway to L side (4)	6:00
5 – 6	⅛ Turn R stepping R forward sweeping L forward (5), Step L forward sweeping R forward (6)	7:30
7 – 8&1	Step R forward sweeping L forward (7), Step L forward (8), Recover on R (&), Step L back (1)	7:30
26 – 32	Step back (2x), ⅛ Turn R, Basic R, Basic L, ¼ Turn R, Step Fwd, Chainé ¾ Turn	
2&	Step R back (2), Step L back (&)	7:30
3 – 4&	Turn ⅛ R stepping R to R side (3), Step L behind R (4), Cross R over L (&)	9:00
5 – 6&	Step L to L side (5), Step R behind L (6), Cross L over R (&)	9:00
7 – 8&	Turn ¼ R stepping R forward (7), Turn ¾ R stepping L slightly behind R (8), put weight on L	9:00
Tag	Here in 4th wall	

33 – 40	Sway (4x), ½ Diamond Fallaway	
1 – 2	Step R to R side & Sway to R side (1), Sway to L side (2)	9:00
3 – 4	Sway to R side (3), Sway to L side (4)	9:00
Tag	Here in 2nd and 5th wall	
5 – 6&	Step R to R side (5), Turn ⅛ L stepping L back (6), Step R back (&)	7:30
7 – 8&	Turn ⅛ L stepping L to L side (7), Turn ⅛ L stepping R forward (8), Step L forward (&)	4:30
41 – 48	½ Diamond Fallaway, ⅜ Turn L, Step Fwd (3x), ¼ Turn, Basic R, Slide L, Drag	
1 – 2&	Turn ⅛ L stepping R to R side (1), Turn ⅛ L stepping L back (2), Step R back (&)	12:00
3 – 4&	Turn ⅜ L stepping L forward (3), Step R forward (4), Step L forward (&)	6:00
5 – 6&	Turn ¼ L stepping R to R side (5), Step L behind R (6), Cross R over L (&)	3:00
7 – 8	Step L sliding to L side (7), Drag R towards L (&)	12:00
TAG	After 2th (facing 12:00), 4th (facing 12:00) and 5th (facing 6:00) wall	
1 – 4	Lunge, ¼ Turn L, Full Pivot Turn, Step Fwd	
1 – 2	Step R to R side (1), Turn ¼ L stepping L forward (2)	6:00
3 – 4	Turn ½ L stepping R back (3), Turn ½ L stepping L forward (4)	12:00